

Comparison between percutaneous transhepatic gallbladder drainage and upfront laparoscopic cholecystectomy in patients with moderate-to-severe acute cholecystitis: a propensity score-matched analysis

Okjoo Lee^{1,*}, Yong Chan Shin^{2,*}, Youngju Ryu³, So Jeong Yoon³, Hongbeom Kim³, Sang Hyun Shin³, Jin Seok Heo³, Woohyun Jung⁴, Chang-Sup Lim^{5,†}, In Woong Han^{3,†}

¹Division of Hepatobiliary-pancreatic Surgery, Department of Surgery, Soonchunhyang University Bucheon Hospital, Soonchunhyang University College of Medicine, Bucheon, Korea

²Department of Surgery, Ilsan Paik Hospital, Inje University College of Medicine, Goyang, Korea

³Division of Hepatobiliary-Pancreatic Surgery, Department of Surgery, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, Korea

⁴Department of Surgery, Ajou University Hospital, Ajou University College of Medicine, Suwon, Korea

⁵Department of Surgery, Seoul Metropolitan Government-Seoul National University Boramae Medical Center, Seoul National University College of Medicine, Seoul, Korea

Purpose: In the Tokyo Guidelines 2018 (TG18), emergency laparoscopic cholecystectomy is recognized as a crucial early treatment option for acute cholecystitis. However, early laparoscopic intervention in patients with moderate-to-severe acute cholecystitis or those with severe comorbidities may increase the risk of complications. Therefore, in the present study, we investigated the association between early laparoscopic cholecystectomy and percutaneous transhepatic gallbladder drainage (PTGBD) in moderate-to-severe acute cholecystitis patients.

Methods: We retrospectively analyzed 835 TG18 grade II or III acute cholecystitis patients who underwent laparoscopic cholecystectomy at 4 tertiary medical centers in the Republic of Korea. Patients were classified into 2 groups according to whether PTGBD was performed before surgery, and their short-term postoperative outcomes were analyzed retrospectively.

Results: The patients were divided into 2 groups, and 1:1 propensity score matching was conducted to establish the PTGBD group (n = 201) and the early laparoscopic cholecystectomy group (n = 201). The PTGBD group experienced significantly higher rates of preoperative systemic inflammatory response syndrome [24.9% vs. 6.5%, P < 0.001], pneumonia [7.5% vs. 3.0%, P = 0.045], and cardiac disease [67.2% vs. 57.7%, P = 0.041] than the early operation group. However, there was no difference in biliary complication [hazard ratio, 1.103; 95% confidence interval, 0.519–2.343; P = 0.799] between the PTGBD

Received July 18, 2023, Revised August 3, 2023, Accepted September 1, 2023

Corresponding Author: In Woong Han

Division of Hepatobiliary-Pancreatic Surgery, Department of Surgery, Samsung Medical Center, Sungkyunkwan University School of Medicine, 81 Irwon-ro, Gangnam-gu, Seoul 06351, Korea

Tel: +82-2-3410-1089, E-mail: cardioman76@gmail.com, ORCID: <https://orcid.org/0000-0001-7093-2469>

Co-Corresponding Author: Chang-Sup Lim

Department of Surgery, Seoul Metropolitan Government-Seoul National University Boramae Medical Center, Seoul National University College of Medicine, 20 Boramae-ro 5-gil, Dongjak-gu, Seoul 07061, Korea

Tel: +82-2-870-2177, E-mail: limcs7@gmail.com, ORCID: <https://orcid.org/0000-0002-2349-9647>

*Okjoo Lee and Yong Chan Shin contributed equally to this work as co-first authors.

†Chang-Sup Lim and In Woong Han contributed equally to this work as co-corresponding authors.

•Part of this work was presented as an oral presentation at the 7th Biennial Congress of The Asian-Pacific Hepato-Pancreato-Biliary Association (A-PHPBA) from September 4 to 7, 2019 (Seoul, Republic of Korea).

Copyright © 2023, the Korean Surgical Society

© Annals of Surgical Treatment and Research is an Open Access Journal. All articles are distributed under the terms of the Creative Commons Attribution Non-Commercial License (<http://creativecommons.org/licenses/by-nc/4.0/>) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

group and early laparoscopic cholecystectomy group.

Conclusion: In most cases of moderate-to-severe cholecystitis, early laparoscopic cholecystectomy was relatively feasible. However, PTGBD should be considered if patients have the risk factor of underlying disease when experiencing general anesthesia.

[Ann Surg Treat Res 2023;105(5):310-318]

Key Words: Acute cholecystitis, Laparoscopic cholecystectomy, Drainage

INTRODUCTION

Acute cholecystitis (AC) is a prevalent hepatobiliary disease that requires definitive surgical management, and laparoscopic cholecystectomy (LC) has been established as the standard treatment for AC. Since the inception of the Tokyo Guidelines in 2007, the management approach for AC has been determined based on the severity grade, ensuring the selection of appropriate treatment strategies [1]. The Tokyo Guidelines 2018 (TG18) offers essential recommendations for optimal management of AC, serving as a valuable reference for clinicians in their decision-making process regarding suitable treatment modalities for patients with AC [2]. According to the TG18, early LC may be considered for patients with moderate AC who have low morbidities, especially in cases where advanced LC management is available [3-5]. Furthermore, the TG18 suggests that early LC is feasible for patients with severe AC who exhibit favorable organ system failure (FOSF) and do not present negative predictive factors [6].

Percutaneous transhepatic gallbladder drainage (PTGBD) has emerged as a crucial strategy in the management of patients with moderate and severe AC, as it effectively stabilizes the general condition of patients prior to surgical intervention [7]. The TG18 provides valuable recommendations for the management of AC and advocates for the use of PTGBD followed by elective or delayed cholecystectomy in patients with moderate or severe AC and a poor general condition unresponsive to antimicrobial therapy or general supportive treatment [8]. In moderate-to-severe AC patients, the presence of negative risk factors and FOSF are considered pivotal factors in the decision-making process for the choice between PTGBD or LC. Considering the advanced age and presence of severe comorbidities in patients undergoing PTGBD, it becomes crucial to mitigate the potential risks associated with LC and to effectively manage perioperative complications. However, adhering to the recommendations of the TG18 for early or urgent cholecystectomy poses challenges for many clinicians, primarily due to limitations in medical resources and infrastructure. Clinicians frequently opt for PTGBD as an initial therapeutic approach to mitigate inflammation in patients with

moderate-to-severe AC followed by delayed cholecystectomy. However, this approach may lead to severe fibrosis and adhesion, which can complicate dissection during LC, resulting in high open conversion rates [9]. Several contentious issues surround the management of moderate-to-severe AC, including the timing of LC, indications for PTGBD, and the optimal approach for challenging LC cases [10,11].

The guidelines undergo constant revisions to incorporate new findings from ongoing investigations. Therefore, the present study assessed the effectiveness of LC following PTGBD and the feasibility of early LC by comparing 2 distinct surgical approaches in patients with grade II or III AC.

METHODS

This retrospective study was approved by the Institutional Review Board of Samsung Medical Center (No. 2017-07-017), and the need for informed consent was waived. All methods were carried out in accordance with the Declaration of Helsinki.

Patients and data collection

Prospective data were collected of patients who underwent LC for TG18 grade II and III AC at Samsung Medical Center, Seoul Metropolitan Government-Seoul National University Boramae Medical Center, Ajou University Hospital, and Inje University Ilsan Paik Hospital. Each participating institution consisted of 3–4 junior to expert senior hepato-biliary-pancreatic surgeons who were responsible for performing LC. Notably, the institutions had a substantial caseload, conducting 800 to 2,000 LC and over 100 PTGBD annually. This significant caseload aligns with the designation of "advanced center and expert surgeon" as referred to in the TG18. Data from January 2014 to December 2017 were systematically recorded in an electronic database. After obtaining Institutional Review Board approval, the data were retrospectively extracted and reviewed. A total of 835 patients who underwent LC for grade II and III AC were included in this retrospective study. The patients were initially divided into 2 groups: the delayed LC after PTGBD group (n = 201) and the early LC group (n = 627) (Fig. 1).

In the PTGBD group, all patients maintained drainage until

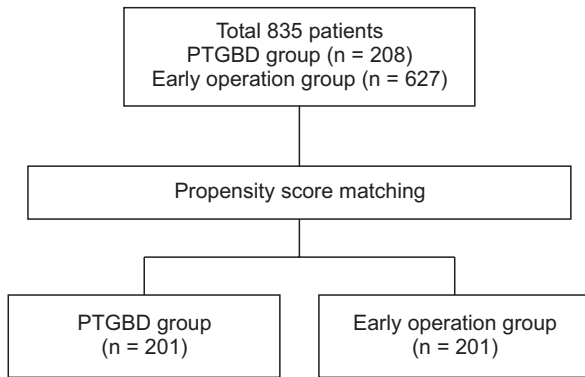


Fig. 1. Flow diagram of patient selection. PTGBD, percutaneous transhepatic gallbladder drainage.

the time of surgery, ensuring that the procedure was not concluded solely through aspiration. To minimize the selection bias inherent in retrospective analysis, we conducted 1:1 propensity score matching (PSM) [12]. After PSM, 201 patients in the PTGBD group and 201 patients in the early LC group were included in the final analysis.

Definitions

The diagnosis of systemic inflammatory response syndrome (SIRS), characterized by a systemic response to infection or other stimuli, entails the evaluation of laboratory findings and vital signs. Diagnosis of SIRS requires the presence of at least 2 of the following criteria: body temperature of $>38^{\circ}\text{C}$ or $<36^{\circ}\text{C}$, heart rate of >90 beats per minute, respiratory rate of >20 breaths per minute or PaCO_2 of <32 mmHg (4.3 kPa), WBC count of $>12,000/\text{mm}^3$ or $<4,000/\text{mm}^3$, or $>10\%$ immature bands [13]. The selection of these criteria was based on their ease of measurement and their established reliability as indicators of the systemic inflammatory response. The criteria used in this study were derived from standard values established through a comprehensive analysis of a large cohort study and have since been widely acknowledged and implemented in clinical practice. These selected values were deemed suitable for our study, as they offer a dependable and uniform foundation for the identification of SIRS cases.

Septic shock, a critical clinical condition, was defined as the presence of sepsis-induced hypotension that persists despite appropriate fluid resuscitation measures [13]. This definition is consistent with prevailing clinical guidelines and represents a widely adopted approach within the medical field for the diagnosis and treatment of sepsis-associated complications.

In this study, the definition of biliary complication was established in accordance with the widely recognized Strasberg classification system, which serves as a standard method for grading the severity of biliary complications [14]. This classification system incorporates factors such as severity

and anatomical site of injury and encompasses various complications including biloma, bile leakage, and bile duct injury.

In this study, complicated cholecystitis referred to cases with preoperative imaging evidence of gangrenous cholecystitis, pericholecystic abscess, hepatic abscess, biliary peritonitis, and emphysematous cholecystitis. In accordance with the guideline, a waiting period of 4–6 weeks following PTGBD was observed before performing LC [2]. This interval between PTGBD and LC was deemed essential as it mitigates the heightened likelihood of complications associated with performing LC soon after PTGBD in patients at high risk. Prior to surgery, the patient underwent preoperative evaluations to assess cardiac and pulmonary function to determine their suitability for the procedure. The specific timing of the surgical intervention was ultimately determined by the surgeon's discretion and considering the patient's clinical condition. The primary outcome of interest was surgical outcomes, including the duration of hospitalization and the occurrence of intraoperative or postoperative biliary complications.

Statistical analyses

Statistical analyses were conducted to assess the differences in mean values with interquartile range between the 2 groups using independent t-tests. Differences in numbers and percentages between the groups were examined using the chi-square test or Fisher exact test. To explore the factors associated with postoperative hospital stay, a linear regression model was used. Univariable and multivariable logistic regression models were used to identify the risk factors associated with biliary complications. A linear regression model was used to assess the impact of variables on postoperative hospital stay. Statistical significance was defined as a P-value less than 0.05. Data analysis was conducted using IBM SPSS Statistics for Windows, ver. 25.0 (IBM Corp.).

RESULTS

Clinical characteristics

Analysis of the groups prior to PSM several notable differences in the PTGBD compared with the early LC group, as outlined in Table 1. These differences included a significantly higher mean age, lower body mass index (BMI), elevated serum white blood cell count, and higher prothrombin time/international normalized ratio (PT/INR) level. Additionally, the PTGBD group exhibited a higher prevalence of comorbidities, as evidenced by higher rates of SIRS, pneumonia, and cardiac disease and a larger proportion of complicated cholecystitis cases. Moreover, the PTGBD group displayed higher American Society of Anesthesiologists (ASA) physical status (PS) class and Eastern Cooperative Oncology Group (ECOG) scores. PSM was

Table 1. Clinical characteristics

Variable	Before PSM			After PSM	
	PTGBD	Early operation	P-value	Early operation	P-value
No. of patients	201	627		201	
Age (yr)	70.3 (29–97)	60.5 (19–91)	<0.001	70.6 (33–91)	0.743
Sex, male:female	128:73	377:250	0.305	134:67	0.536
Body mass index (kg/m ²)	24.2 (13.2–36.7)	25.2 (15.9–39.1)	<0.001	24.4 (15.9–34.6)	0.522
Preoperative findings					
WBC ($\times 10^3/\mu\text{L}$)	9.7 (2.3–30.0)	11.1 (1.7–30.5)	<0.001	11.1 (1.7–30)	0.008
Total bilirubin (mg/dL)	1.2 (0.2–10.2)	1.1 (0.1–6.8)	0.888	1.3 (0.1–6.8)	0.716
PT/INR	1.1 (0.8–2.2)	1.1 (0.6–4.7)	<0.001	1.1 (0.9–4.7)	0.920
Abdominal operation history	42 (20.9)	124 (19.8)	0.653	33 (16.4)	0.257
SIRS	50 (24.9)	35 (5.6)	<0.001	13 (6.5)	<0.001
Pneumonia	15 (7.5)	12 (1.9)	<0.001	6 (3.0)	0.045
Cardiac disease	135 (67.2)	262 (41.8)	<0.001	116 (57.7)	0.041
CVA history	29 (14.4)	36 (5.7)	<0.001	26 (12.9)	0.662
CKD	8 (4.0)	14 (2.2)	0.053	13 (6.5)	0.229
ASA PS class, \geq III	50 (24.9)	56 (8.9)	<0.001	47 (23.4)	0.714
ECOG score, \geq 2	85 (42.3)	85 (13.6)	<0.001	78 (38.8)	0.306
Preoperative image study result					
Acute cholecystitis	175 (87.1)	527 (84.1)	0.197	166 (82.6)	0.234
Complicated cholecystitis	20 (10.0)	27 (4.3)	0.002	19 (9.5)	0.862

Values are presented as number only, mean (range), or number (%).

PSM, propensity score matching; PTGBD, percutaneous transhepatic gallbladder drainage; INR, international normalized ratio; SIRS, systemic inflammatory response syndrome; CVA, cerebral vascular accident; CKD, chronic kidney disease; ASA, American Society of Anesthesiologists; PS, physical status; ECOG Eastern Cooperative Oncology Group.

performed to address potential selection bias inherent in our retrospective analysis by accounting for covariates that were presumed to be determinants of such bias. The covariates used for matching were age, sex, BMI, high ASA PS class, high ECOG score, and presence of complicated cholecystitis. After PSM, no statistically significant differences in baseline demographic or clinical variables were observed between groups, except preoperative morbidity.

Postoperative outcomes

We compared postoperative outcomes between patients who underwent PTGBD and those who underwent early LC, considering their demographics and perioperative characteristics, as outlined in Table 2. In patients who underwent PTGBD, the median interval between PTGBD and LC was 18.7 days (range, 2–84 days). The early LC group exhibited a longer operation time compared with the PTGBD group (91.7 minutes vs. 82.6 minutes, $P = 0.009$). No significant differences were observed between the 2 groups regarding other postoperative complications, including open conversion rate (5.0% vs. 7.0%, $P = 0.416$), surgical site infection (1.0% vs. 1.5%, $P = 0.657$), postoperative transfusion (5.5% vs. 7.5%, $P = 0.416$), and biliary complication (7.5% vs. 7.5%, $P = 0.999$). The variables pertaining to hospitalization duration exhibited statistically significant differences between the 2 groups ($P <$

0.001). However, after PSM, no significant differences in these variables were observed between the groups. Furthermore, there were no significant differences in the reoperation rate (2.0% vs. 3.0%, $P = 0.530$) or 30-day mortality following LC (0.5% vs. 1.0%, $P = 0.571$).

Risk factor analysis for hospitalization duration and biliary complication

We conducted a risk factor analysis for hospitalization duration using linear regression models (Table 3). In the univariable analyses, several factors, including preoperative serum PT/INR, SIRS, chronic kidney disease, high ASA PS class, operation duration, open surgery, postoperative SIRS, transfusion, and biliary complication, were significantly associated with hospitalization duration. Furthermore, in the multiple linear regression model, preoperative serum PT/INR, operation duration, open surgery, postoperative SIRS, and biliary complication were significant risk factors for hospitalization duration. Preoperative PTGBD was not significantly associated with hospitalization duration in either the simple or multiple linear regression model ($P = 0.304$, $P = 0.638$).

We also conducted a risk factor analysis for biliary complications (Table 4). In the univariable analyses, preoperative serum PT/INR, operation duration, and open

Table 2. Operative findings and postoperative outcomes

Variable	Before PSM			After PSM	
	PTGBD (n = 201)	Early operation (n = 627)	P-value	Early operation (n = 201)	P-value
Interval PTGBD to operation (day)	18.7 (2–84)		0.147		
Operative duration (min)	80.5 (20–242)	82.6 (15–440)	0.962	91.7 (25–300)	0.009
Open conversion	10 (5.0)	24 (3.8)	0.358	14 (7.0)	0.416
Postoperative SIRS	4 (2.0)	8 (1.3)	0.328	2 (1.0)	0.423
Surgical site infection	2 (1.0)	6 (1.0)	0.999	3 (1.5)	0.657
Postoperative transfusion	11 (5.5)	26 (4.1)	0.325	15 (7.5)	0.416
Biliary complication	15 (7.5)	44 (7.0)	0.735	15 (7.5)	0.999
Urinary difficulty	10 (5.0)	21 (3.3)	0.204	8 (4.0)	0.638
Total hospital stay (day)	16.2 (2–369)	10.7 (1–739)	<0.001	15.4 (1–739)	0.869
Postoperative hospital stay (day)	6.9 (1–366)	9.1 (1–734)	<0.001	7.8 (1–734)	0.158
Postoperative ICU care	29 (14.4)	22 (3.5)	<0.001	18 (9.0)	0.095
Readmission	4 (2.0)	12 (1.9)	0.999	6 (3.0)	0.530
Reoperation	2 (1.0)	4 (0.6)	0.642	2 (1.0)	0.999
Death, <30 days	1 (0.5)	3 (0.5)	0.603	2 (1.0)	0.571

PSM, propensity score matching; PTGBD, percutaneous transhepatic gallbladder drainage; SIRS, systemic inflammatory response syndrome; ICU, intensive care unit.

Table 3. Regression analysis for postoperative hospital stay

Variable	Simple linear regression		Multiple linear regression	
	β (95% CI)	P-value	β (95% CI)	P-value
Age	0.0010 (–0.0032 to 0.0052)	0.633		
Male sex	–0.0999 (–0.2065 to 0.0067)	0.066		
Preoperative findings				
WBC	–0.0001 (–0.0107 to 0.0104)	0.981		
PT/INR	0.2381 (0.1170 to 0.3591)	<0.001	0.1190 (0.0014 to 0.2366)	0.047
Total bilirubin	0.0190 (–0.0269 to 0.0649)	0.417		
Abdominal operation history	0.0252 (–0.0897 to 0.1401)	0.667		
Postoperative SIRS	0.1072 (0.0208 to 0.1936)	0.015	0.0954 (–0.0122 to 0.1508)	0.095
Pneumonia	0.1232 (–0.1383 to 0.3848)	0.356		
Cardiac disease	0.0299 (–0.0613 to 0.1211)	0.521		
CVA history	0.0310 (–0.0999 to 0.1618)	0.643		
CKD	0.1962 (0.0171 to 0.3754)	0.032	0.0909 (–0.0356 to 0.2175)	0.159
ASA PS class, \geq III	0.2820 (0.1931 to 0.3709)	<0.001		
ECOG score, \geq 2	0.0629 (–0.0316 to 0.1574)	0.192		
PTGBD, yes	–0.0467 (–0.1358 to 0.0424)	0.304	–0.0192 (–0.0989 to 0.0606)	0.638
Postoperative findings				
Operation duration	0.0044 (0.0035 to 0.0054)	<0.001	0.0031 (0.0020 to 0.0041)	<0.001
Open conversion	0.5666 (0.4630 to 0.6703)	<0.001	0.3142 (0.1965 to 0.4319)	<0.001
Postoperative SIRS	0.4475 (0.1658 to 0.7291)	0.002	0.3735 (0.0668 to 0.6801)	0.017
Postoperative transfusion	0.3666 (0.2149 to 0.5183)	<0.001	0.1047 (–0.0483 to 0.2577)	0.180
Biliary complication	0.3012 (0.1239 to 0.4785)	0.001	0.1864 (0.0491 to 0.3237)	0.008

CI, confidence interval; INR, international normalized ratio; SIRS, systemic inflammatory response syndrome; CVA, cerebral vascular accident; CKD, chronic kidney disease; ASA, American Society of Anesthesiologists; PS, physical status; ECOG, Eastern Cooperative Oncology Group; PTGBD, percutaneous transhepatic gallbladder drainage.

conversion showed statistical significance. In multivariable analysis, preoperative serum PT/INR (odds ratio [OR], 3.742; 95% confidence interval [CI], 1.466–9.547; $P = 0.006$) and open conversion (OR, 3.638; 95% CI, 1.127–11.749; $P = 0.031$) were

independent prognostic factors of biliary complication. PTGBD was not significantly associated with biliary complication in either univariable or multivariable logistic regression models ($P = 0.999$, $P = 0.799$).

Table 4. Risk factor analysis for biliary complication

Variable	Univariable analysis		Multivariable analysis	
	OR (95% CI)	P-value	OR (95% CI)	P-value
Age	1.029 (0.990–1.070)	0.147		
Male sex	0.506 (0.237–1.080)	0.078		
Body mass index	0.984 (0.898–1.079)	0.733		
Preoperative findings				
WBC	1.005 (0.949–1.064)	0.876		
PT/INR	3.470 (1.532–7.858)	0.003	3.742 (1.466–9.547)	0.006
Total bilirubin	1.212 (0.977–1.502)	0.080		
Abdominal operation history	0.463 (0.137–1.565)	0.215		
Postoperative SIRS	0.172 (0.023–1.303)	0.089		
Pneumonia	1.327 (0.289–6.100)	0.716		
Cardiac disease	1.717 (0.748–3.943)	0.202		
CVA history	1.288 (0.493–3.367)	0.606		
CKD	1.327 (0.288–6.114)	0.717		
ASA PS class, ≥III	0.462 (0.158–1.347)	0.157		
ECOG score, ≥2	1.310 (0.614–2.795)	0.486		
PTGBD	1.000 (0.474–2.111)	0.999	1.103 (0.519–2.343)	0.799
Postoperative findings				
Operation duration	1.007 (1.000–1.014)	0.049	1.002 (0.996–1.009)	0.516
Open conversion	3.716 (1.269–10.884)	0.017	3.638 (1.127–11.749)	0.031

OR, odds ratio; CI, confidence interval; INR, international normalized ratio; SIRS, systemic inflammatory response syndrome; CVA, cerebral vascular accident; CKD, chronic kidney disease; ASA, American Society of Anesthesiologists; PS, physical status; ECOG, Eastern Cooperative Oncology Group; PTGBD, percutaneous transhepatic gallbladder drainage.

DISCUSSION

Surgical intervention for moderate-to-severe AC carries inherent risks of bile duct injury and prolonged hospitalization. The Tokyo Guidelines has been instrumental in assisting clinicians in navigating these challenges by providing recommendations for relatively early surgical intervention [2]. However, like the previous Tokyo Guidelines (TG13 and TG18), there is ongoing debate surrounding these recommendations. In our study, we assessed the feasibility of early surgery for moderate-to-severe AC based on these recommendations. Our analysis demonstrated no significant differences in postoperative complications and length of hospital stay between the early LC group and the PTGBD group. These findings are in line with the TG18, supporting the consideration of early surgery in well-equipped medical centers. Furthermore, our study revealed that patients who underwent LC following PTGBD experienced comparable surgical outcomes to those who underwent early LC, despite having multiple underlying medical conditions and factors that posed challenges to surgery. This finding highlights the favorable safety profile of LC after PTGBD in the context of advanced medical institutions. Notably, in current practice, it is considered safe to defer surgery until after PTGBD for patients with comorbidities and a higher risk associated with general anesthesia [15].

PTGBD is recognized as an adjunctive measure rather

than a definitive solution for AC. Nonetheless, PTGBD has demonstrated the ability to improve patient survival rates and reduce complications associated with AC. In high-risk patients presenting with moderate-to-severe AC, elective LC following PTGBD has been found to yield comparable safety outcomes to early LC [16]. Furthermore, a study reported higher rates of conversion to open surgery, complications during LC, and mortality in the early LC group compared with the PTGBD group [17]. This suggests that the therapeutic efficacy of PTGBD followed by scheduled LC may be superior to that of emergency LC. Notably, numerous benefits have been observed, particularly among older individuals and those with multiple comorbidities [18,19]. PTGBD performed prior to scheduled LC has been shown to effectively shorten operative duration, reduce intraoperative bleeding, decrease postoperative hospital stay, lower the rate of open conversion, and mitigate postoperative complications in elderly patients with AC. Based on these findings, PTGBD followed by scheduled LC is recommended as the preferred treatment strategy [20]. Our study findings further support the notion that, despite a higher prevalence of comorbidities in the PTGBD group, the surgical outcomes were not significantly inferior compared with those from early surgery, consistent with previous research. This indicates that performing LC following the correction of risks associated with comorbidities and general anesthesia through PTGBD is a safe approach.

In this study, associations between the two-operation strategy (PTGBD followed by LC and early LC) and postoperative outcomes, namely biliary complication and postoperative hospital stay, were examined using multivariable regression analyses. The analyses were adjusted for potential confounding factors including age, sex, BMI, high ASA PS class, high ECOG score, and complicated cholecystitis. Notably, preoperative WBC, SIRS, pneumonia, and cardiac disease were higher in the PTGBD group. However, these variables were considered unique characteristics of the PTGBD group and were not included in the PSM variables. Following PSM, our analysis revealed that the early LC group had a longer operative time compared with the PTGBD group. Furthermore, our analyses identified preoperative high PT/INR and conversion to open surgery as risk factors for biliary complications, while preoperative high PT/INR, operative time, postoperative SIRS, and biliary complications were identified as risk factors for increased length of hospital stay. Importantly, the presence of PTGBD was not a significant risk factor for biliary complications or increased length of stay. This finding underscores the notion that the severity of the disease itself carries more weight in determining the risk of biliary complications from early LC or LC after PTGBD. Therefore, the decision regarding timing of surgery should prioritize the patient's comorbidities and their ability to tolerate surgery, rather than solely focusing on the presence of PTGBD.

In our study, the median interval between PTGBD and LC was 18.7 days. However, the optimal interval between PTGBD and LC has not been definitively established, and the current literature reports diverse and conflicting findings. Some studies have indicated that early LC performed within 1 week following PTGBD is both safe and effective, with similar intraoperative outcomes, postoperative complication rates, and rates of conversion to open cholecystectomy [21]. Furthermore, according to several other studies, the recommended timeframe for LC falls within the range of 7 to 26 days after PTGBD, and performing LC for severe AC within 216 hours after PTGBD was found to pose technical challenges and may be more difficult to accomplish successfully [22,23]. Nevertheless, another study has reported that the interval between PTGBD and surgery has minimal impact on perioperative outcomes [24]. In a study focusing on grade II AC, early PTGBD did not improve surgical difficulty, and timing of subsequent LC was not correlated with surgical difficulties or postoperative outcomes [25]. Hence, the forthcoming revision of the TG guideline or the integration of recently published studies will likely play a crucial role in determining the outcome of this matter.

Numerous studies have investigated the use of LC and PTGBD in the management of moderate-to-severe AC, extending beyond the recommendations provided by the TG guidelines. Notably, in a recent study focusing on patients

with moderate-to-severe AC after PTGBD, implementation of an aggressive approach involving subtotal cholecystectomy demonstrated an enhanced completion rate of laparoscopic surgery. Based on their findings, the authors concluded that laparoscopic subtotal cholecystectomy represents a viable and secure treatment option with favorable feasibility [26]. Another study aimed to develop a scoring system for predicting the need for a bailout procedure during LC following PTGBD and to assess the association between the scoring system and perioperative complications [27]. The objective was to provide a valuable tool for identifying patients at higher risk of requiring a bailout procedure and to evaluate the impact of the scoring system on perioperative outcomes. Furthermore, there have been studies focusing on non-surgical interventions. One such intervention is percutaneous transhepatic gallbladder aspiration, which is considered a simpler method for gallbladder drainage compared with PTGBD [28]. However, percutaneous transhepatic gallbladder aspiration has been associated with a higher risk of failure compared with PTGBD. Nevertheless, it offers advantages such as not requiring X-ray fluoroscopy and post-procedure catheter management. Several recent studies have explored novel approaches in the management of AC. One study investigated the use of cholangiography via PTGBD as a preoperative technique for accurate delineation of biliary anatomy [29]. This approach aims to enhance surgical planning and optimize outcomes for patients undergoing subsequent interventions. Another study focused on the efficacy of gallstone release following PTGBD in cases of impacted gallstones associated with AC [30]. The findings of these studies contribute to the expanding knowledge and potential therapeutic options for the management of AC. The findings of these studies may help contribute to the development of new treatment guidelines in the management of AC. The incorporation of these outcomes into clinical practice guidelines can enhance decision-making and improve patient care in the field of AC management. Further research and validation are necessary to establish the robustness and applicability of these findings in guiding clinical recommendations.

This study has several limitations that should be considered. First, it was a retrospective analysis of a specific cohort in the Republic of Korea, limiting the generalizability of the results to other countries. Therefore, future prospective large-scale studies are warranted to validate our findings. Second, while we used PSM to mitigate potential confounders, it is important to acknowledge the possibility of unaccounted variables (such as preoperative WBC, SIRS, pneumonia, and cardiac disease) influencing the outcomes. Third, in this study, the incidence of biliary complications was found to be low, and the total number of cases was relatively small. Due to the limited number of cases and a multitude of variables in the regression analysis, there are certain limitations in conducting the regression analysis. It

is acknowledged that a larger sample size is necessary to attain more robust and reliable results from regression analysis. A small sample size can render the estimates unstable and less reliable, thereby necessitating a larger sample to strengthen the statistical findings. Next, this study did not directly analyze the difference between PTGBD and upfront surgery according to the patient's overall condition, such as ASA PS class and ECOG; therefore, it is not possible to show accurate results regarding this morbidity with surgical outcomes. Finally, the wide range of time intervals between PTGBD and LC in the PTGBD group may introduce variability that could affect the accuracy of the results. Despite these limitations, we believe that this study offers valuable clinical insights by minimizing selection bias inherent in retrospective analyses with PSM.

In conclusion, our findings suggest that early LC is generally a feasible approach for most cases of moderate-to-severe AC. In patients with underlying diseases and a risk of complications associated with general anesthesia, consideration should be given to PTGBD as an alternative strategy. To thoroughly examine the optimal interval between PTGBD and LC, a large-scale prospective study is warranted. The continuous evaluation of recent treatment strategies is crucial and is expected to contribute to improved patient outcomes and prognosis.

ACKNOWLEDGEMENTS

The authors thank Hyemin Kim (data manager; Department of Surgery, Samsung Medical Center, Sungkyunkwan University School of Medicine) for help with data collection.

Fund/Grant Support

This work was supported by the Soonchunhyang University Research Fund.

Conflict of Interest

No potential conflict of interest relevant to this article was reported.

ORCID iD

Okjoo Lee: <https://orcid.org/0000-0003-1077-2592>

Yong Chan Shin: <https://orcid.org/0000-0001-9808-1213>

Youngju Ryu: <https://orcid.org/0000-0002-3523-0776>

So Jeong Yoon: <https://orcid.org/0000-0001-5227-4490>

Hongbeom Kim: <https://orcid.org/0000-0002-1595-0135>

Sang Hyun Shin: <https://orcid.org/0000-0002-2533-4491>

Jin Seok Heo: <https://orcid.org/0000-0001-6767-2790>

Woohyun Jung: <https://orcid.org/0000-0003-1484-9024>

Chang-Sup Lim: <https://orcid.org/0000-0002-2349-9647>

In Woong Han: <https://orcid.org/0000-0001-7093-2469>

Author Contribution

Conceptualization: OL, YCS, CSL, IWH

Methodology: OL, YCS, IWH

Formal Analysis: OL, CSL, WJ, SJY, YR, HK, SHS, JSH, YCS

Investigation: CSL, SJY, YR, HK, SHS, JSH, YCS

Funding Acquisition: IWH

Writing – Original draft: All authors

Writing – review & editing: All authors

REFERENCES

- Mayumi T, Takada T, Kawarada Y, Nimura Y, Yoshida M, Sekimoto M, et al. Results of the Tokyo Consensus Meeting Tokyo Guidelines. *J Hepatobiliary Pancreat Surg* 2007;14:114-21.
- Okamoto K, Suzuki K, Takada T, Strasberg SM, Asbun HJ, Endo I, et al. Tokyo Guidelines 2018: flowchart for the management of acute cholecystitis. *J Hepatobiliary Pancreat Sci* 2018;25:55-72.
- Gutt CN, Encke J, Königer J, Harnoss JC, Weigand K, Kipfmüller K, et al. Acute cholecystitis: early versus delayed cholecystectomy, a multicenter randomized trial (ACDC study, NCT00447304). *Ann Surg* 2013;258:385-93.
- Macafee DA, Humes DJ, Bouliotis G, Beckingham IJ, Whynes DK, Lobo DN. Prospective randomized trial using cost-utility analysis of early versus delayed laparoscopic cholecystectomy for acute gallbladder disease. *Br J Surg* 2009;96:1031-40.
- Wani H, Meher S, Srinivasulu U, Mohanty LN, Modi M, Ibrarullah M. Laparoscopic cholecystectomy for acute cholecystitis: any time is a good time. *Ann Hepatobiliary Pancreat Surg* 2023;27:271-6.
- Endo I, Takada T, Hwang TL, Akazawa K, Mori R, Miura F, et al. Optimal treatment strategy for acute cholecystitis based on predictive factors: Japan-Taiwan multicenter cohort study. *J Hepatobiliary Pancreat Sci* 2017;24:346-61.
- Sugiyama M, Tokuhara M, Atomi Y. Is percutaneous cholecystostomy the optimal treatment for acute cholecystitis in the very elderly? *World J Surg* 1998;22:459-63.
- Mori Y, Itoi T, Baron TH, Takada T, Strasberg SM, Pitt HA, et al. Tokyo Guidelines 2018: management strategies for gallbladder drainage in patients with acute cholecystitis (with videos). *J Hepatobiliary Pancreat Sci* 2018;25:87-95.
- Hibi T, Iwashita Y, Ohyama T, Honda G, Yoshida M, Takada T, et al. The "right" way is not always popular: comparison of surgeons' perceptions during laparoscopic

- cholecystectomy for acute cholecystitis among experts from Japan, Korea and Taiwan. *J Hepatobiliary Pancreat Sci* 2017;24:24-32.
10. Rice CP, Vaishnavi KB, Chao C, Jupiter D, Schaeffer AB, Jenson WR, et al. Operative complications and economic outcomes of cholecystectomy for acute cholecystitis. *World J Gastroenterol* 2019;25:6916-27.
 11. Komatsu S, Tsuchida S, Tsukamoto T, Wakahara T, Ashitani H, Ueno N, et al. Current role of percutaneous transhepatic gallbladder aspiration: from palliative to curative management for acute cholecystitis. *J Hepatobiliary Pancreat Sci* 2016;23:708-14.
 12. Austin PC. An introduction to propensity score methods for reducing the effects of confounding in observational studies. *Multivariate Behav Res* 2011;46:399-424.
 13. Singer M, Deutschman CS, Seymour CW, Shankar-Hari M, Annane D, Bauer M, et al. The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3). *JAMA* 2016;315:801-10.
 14. Strasberg SM, Hertl M, Soper NJ. An analysis of the problem of biliary injury during laparoscopic cholecystectomy. *J Am Coll Surg* 1995;180:101-25.
 15. Nassar A, Elshahat I, Forsyth K, Shaikh S, Ghazanfar M. Outcome of early cholecystectomy compared to percutaneous drainage of gallbladder and delayed cholecystectomy for patients with acute cholecystitis: systematic review and meta-analysis. *HPB (Oxford)* 2022;24:1622-33.
 16. Yamazaki S, Shimizu A, Kubota K, Notake T, Yoshizawa T, Masuo H, et al. Urgent versus elective laparoscopic cholecystectomy following percutaneous transhepatic gallbladder drainage for high-risk grade II acute cholecystitis. *Asian J Surg* 2023;46:431-7.
 17. Jia B, Liu K, Tan L, Jin Z, Liu Y. Percutaneous transhepatic gallbladder drainage combined with laparoscopic cholecystectomy versus emergency laparoscopic cholecystectomy in acute complicated cholecystitis: comparison of curative efficacy. *Am Surg* 2018;84:438-42.
 18. Lee SJ, Choi IS, Moon JI, Yoon DS, Lee SE, Sung NS, et al. Elective laparoscopic cholecystectomy is better than conservative treatment in elderly patients with acute cholecystitis after percutaneous transhepatic gallbladder drainage. *J Gastrointest Surg* 2021;25:3170-7.
 19. Jung BH, Park JI. Impact of scheduled laparoscopic cholecystectomy in patients with acute cholecystitis, following percutaneous transhepatic gallbladder drainage. *Ann Hepatobiliary Pancreat Surg* 2017;21:21-9.
 20. Tan HY, Jiang DD, Li J, He K, Yang K. Percutaneous transhepatic gallbladder drainage combined with laparoscopic cholecystectomy: a meta-analysis of randomized controlled trials. *J Laparoendosc Adv Surg Tech A* 2018;28:248-55.
 21. Lyu Y, Li T, Wang B, Cheng Y. Early laparoscopic cholecystectomy after percutaneous transhepatic gallbladder drainage for acute cholecystitis. *Sci Rep* 2021;11:2516.
 22. Sakamoto T, Fujiogi M, Matsui H, Fushimi K, Yasunaga H. Timing of cholecystectomy after percutaneous transhepatic gallbladder drainage for acute cholecystitis: a nationwide inpatient database study. *HPB (Oxford)* 2020;22:920-6.
 23. Inoue K, Ueno T, Nishina O, Douchi D, Shima K, Goto S, et al. Optimal timing of cholecystectomy after percutaneous gallbladder drainage for severe cholecystitis. *BMC Gastroenterol* 2017;17:71.
 24. Kimura K, Adachi E, Omori S, Toyohara A, Higashi T, Ohgaki K, et al. The influence of the interval between percutaneous transhepatic gallbladder drainage and cholecystectomy on perioperative outcomes: a retrospective study. *BMC Gastroenterol* 2021;21:226.
 25. Lee JS, Lee SJ, Choi IS, Moon JI. Optimal timing of percutaneous transhepatic gallbladder drainage and subsequent laparoscopic cholecystectomy according to the severity of acute cholecystitis. *Ann Hepatobiliary Pancreat Surg* 2022;26:159-67.
 26. Ie M, Katsura M, Kanda Y, Kato T, Sunagawa K, Mototake H. Laparoscopic subtotal cholecystectomy after percutaneous transhepatic gallbladder drainage for grade II or III acute cholecystitis. *BMC Surg* 2021;21:386.
 27. Matsumoto M, Abe K, Futagawa Y, Furukawa K, Haruki K, Onda S, et al. New scoring system for prediction of surgical difficulty during laparoscopic cholecystectomy after percutaneous transhepatic gallbladder drainage. *Ann Gastroenterol Surg* 2021;6:296-306.
 28. Nakamura Y, Kuwahara M, Ito K, Inagaki F, Mihara F, Takemura N, et al. Percutaneous transhepatic gallbladder intervention as a bridge to cholecystectomy: aspiration or drainage? *World J Surg* 2023;47:1721-8.
 29. Yu B, Zhi X, Li Q, Xu B, Dong Z, Li T, et al. The efficacy and safety of preoperative cholangiography via percutaneous transhepatic gallbladder drainage (PTGBD) for difficult laparoscopic cholecystectomy (LC). *Surg Endosc* 2022;36:1355-61.
 30. Fujinaga A, Iwashita Y, Tada K, Watanabe K, Kawasaki T, Masuda T, et al. Efficacy of releasing impacted gallstones after percutaneous transhepatic gallbladder drainage for acute cholecystitis and consideration of the surgical difficulty during laparoscopic cholecystectomy. *J Hepatobiliary Pancreat Sci* 2021;28:993-9.